METRO TRANSIT MUSINGS BACK ON TRACK PG6



Celebrity Buzz The world's largest global newspaper **Barker files** lawsuit in plane crash OTTAWA • MONDAY, NOVEMBER 24, 2008 metronews.ca

Child poverty pledge behind by billions

COALITION Ontario will have to spend at least \$6 billion over the next five years to make a dent in the province's "stubbornly high" child poverty rate of almost 12 per cent, advocates say.

That's comparable to what Quebec has spent since 2003 to achieve its record of cutting child poverty in half in the past decade, said Jacquie Maund, Ontario co-ordinator of Campaign 2000, a national coalition of more than 120 organizations committed to ending child poverty in Canada.

The weekend marked the 19th anniversary of Ottawa's pledge to end child poverty by 2000. But Ontario's child poverty rate of 11.8 per cent in 2006 has barely budged since that federal promise, Maund said. It means 324,000 Ontario children — almost one in nine — are living in poverty.

The money is needed to invest in good jobs; higher social assistance rates; lowcost child care; affordable housing; and better access to post-secondary education and training, says the coalition's 2008 report card.

TORSTAR NEWS SERVICE

Going Green pg 7

Economy a monster,

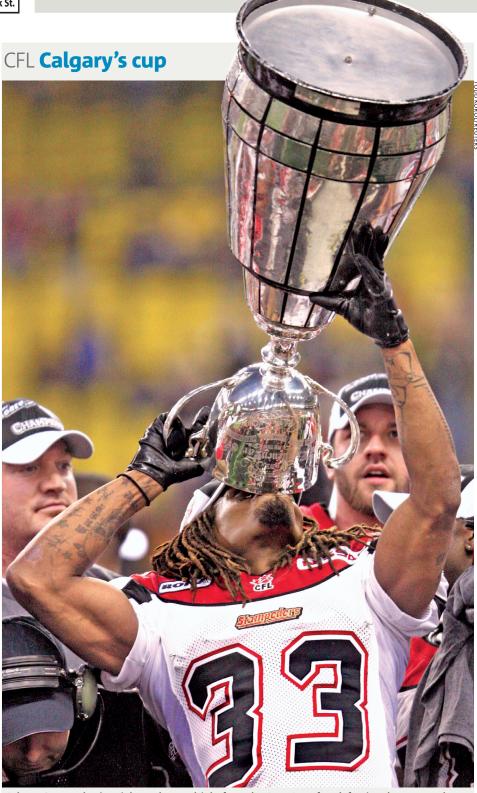


Workology pg 9

Tree rings tell their tales

Entertainment pg 12

Pink energizes AMA in L.A.



Calgary Stampeders' Dwight Anderson drinks from the Grey Cup after defeating the Montreal Alouettes 22-14 during the CFI's 96th Grey Cup final last night in Montreal. Story, page 8

Countries vow to fix global crisis Leaders convinced economy

can be mended in 18 months

Leaders of economies in **Asia and the Americas** pledged quick and decisive action yesterday to prevent a severe global economic downturn.

With recession gripping parts of the world and financial markets in chaos, leaders at the 21-member Asia-Pacific Economic Cooperation forum (APEC) said the slowdown is "one of the most serious economic challenges we have ever faced.'

They said free trade and higher government spending were key to resolving the crisis and supported a push to revive stalled global trade talks by seeking agreements on contentious farming and manufactured goods.

The leaders promised to 'take all necessary economic and financial measures to resolve this crisis.

"We are convinced that we can overcome this crisis in a period of 18 months," the leaders said at the summit.

The declaration to end the two-day summit in Lima, Peru echoed measures called for by the Group of 20 major economies in Washington a week earlier, and widened the support for drastic action to stimulate lending and

APEC members account

Funding offer

• Japan reiterated an offer of \$100 billion in funding for the IMF, but its APEC peers did not follow the example.

for more than half of the world's economic output and include Canada, the United States, China, Japan, and Indonesia, for example. Nine of the countries belong to the G-20.

Prime Minister Stephen Harper vowed to use fiscal stimulus if needed, saying any stimulus package must be effective and avoid longterm budget deficits.

The leaders pledged at the summit to work together to ease the turmoil, agreed not to adopt new trade barriers for a year and called for better regulation of the financial industry.

They also supported overhauls of the International Monetary Fund and World Bank at a time when more countries need emergency bailouts to avert economic disaster.

Share **Your** Views

ottawaletters@metronews.ca

Flaherty concedes 'technical' recession looming

ECONOMY Finance Minister Jim Flaherty said yesterday that the global financial crisis may have pushed Canada's economy into recession — the first time the Conservative government has conceded that possibility.

"We may well be in a technical recession in the last quarter of this year and the first quarter of

next year," Flaherty told CTV television.

"It's quite possible that Canada will be below the line slightly in both of those quarters, which technically would be a recession," he said.

Flaherty's remarks followed a speech by Bank of Canada Gov. Mark Carney last week in which he said the risk of recession was growing. Economists define recession as two consecutive quarters of contraction.

The central bank is likely to cut interest rates again to keep Canada's export-reliant economy afloat in the face of a global recession and flagging consumer demand in the United States, Canada's main trading partner, Carney said.

Flaherty is due to present updated fiscal and economic projections Thursday.

In the CTV interview, the minister said the budget would stay balanced in the current fiscal year ending in March but a deficit was not out of the question beyond that.

Flaherty also repeated any fresh economic stimulus would not come in his budget update Thursday, saying he would consider such a package for next year's budget plan.

"We're not going to artificially balance the budget to avoid having additional stimulus," Flaherty said.

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metro

The Mayor's Eighth Annual Christmas Celebration on Dec. 6 will feature Santa Claus, from 2 to 6 p.m. at the Aberdeen Pavilion and a skate with members of the Ottawa 67s at the Civic Centre, from 6 to 7 p.m. OTTAWA.CA

Ottawa



Firefighter's bravery

Firefighter Bravery at a Queen's Park ceremony on the weekend. In February 2007, Lieut. John Chatterton ensured his crew had jumped to safety from a blaze at Forward Avenue before escaping himself. Chatterton suffered second-degree burns. **PROVINCE OF ONTARIO**

Listeriosis feared in city jail a ministry-owned food-production facility found a ministry-owned food-production facility found Contact Contact

tracey.tong@metronews.ca

Hundreds of inmates at the Ottawa-Carleton **Detention Centre may** have come in contact with listeriosis bacteria this month, although as of yesterday no inmates were believed to be affected.

The Ministry of Community Safety and Correctional Services announced over the weekend that the city correctional facility is one of seven provincial jails that may have been exposed after the operator of duction facility found three samples of food that had tested positive for the bacteria.

As of yesterday, there had been no concerns put forward at the local jail.

"As a result of the positive test, there was an order to immediately cease production and distribution of the food from the facility," ministry spokesman Stuart McGetrick said yesterday.

Eurest Dining Services was also ordered to implement a plan to sanitize the plant and equipment.

Serious consequences

• Last summer, 20 deaths across the country were linked to an outbreak of listeria.

About 568 (515 male and 53 female) inmates — the majority of which are awaiting trial or sentencing could potentially have been exposed in Ottawa.

"Based on the length of time it takes to distribute the food to the institutions, we estimate that the food produced at the same time as the samples would have been consumed be-

 Children, the elderly, and those with compromised immune systems are susceptible.

16," said McGetrick. A supervisor with the Ottawa corrections facility said he couldn't comment

tween November 13 and

and referred Metro to a ministry spokesman in Toronto. Because "normal healthy

people" would "show symptoms in one to three days," no illnesses are now expected to be reported.

BUDGET Hundreds of lowincome parents are worried the City of Ottawa might cut 700 subsidized daycare spaces to trim the budget by \$5 million.

City staff made the recommendation as part of an effort to reduce spending by \$35 million, leaving some families to wonder what the impact will be for

"When they are thinking about cutting all these subsidy spots, it's basically saying we are for childhood poverty," said Kim Howe, a single mother of four who nearly faced poverty when her husband left three years ago.

"Even if you have just two children, pretty much your entire salary is being spent on childcare. For me, it would have been a choice of do I feed my kids or do I pay for (this)?"

Instead, Howe applied for a municipal childcare subsidy and returned to full-time work as a regis-

"For me, it would have been a choice of, do I feed my kids or do I pay for (this)?" Kim Howe

tered nurse.

"I would be on welfare and my children, they work really hard in school, and I think a lot of that is because they see their mother working really hard," she said.

Ottawa has about 7,500 subsidized spaces. The Ontario government used to cover 80 per cent of the cost, but its share has dropped to 72 per cent, said Aaron Burry, Ottawa's community services manager.

"We are simply not going to be in a position to be able to fund and sustain this solely on property tax investments," Burry said. 'We need them from other levels of government."

CTVOTTAWA.CA

Giving twice with fair trade holiday gifts

TRACEY TONG tracey.tong@metronews.ca

With the economic downturn perhaps reminding them of others' struggles, many Ottawans are looking for Christmas gifts that can do double duty this year.

And that's turned some conscientious consumers on to fair trade goods. Besides stuffing loved ones' stockings with exotic items, fair trade purchases support delicate economies in impoverished countries.

"People are becoming more conscious about where to spend their dollar," said Monica Scheifele, co-ordinator of the Ten Thousand Villages Fair Trade sale. "When you buy fair trade, you're not only getting the item, but helping someone in a developing country at the same time.'

Thousands of Ottawans are expected to attend Ottawa Mennonite Church this season to buy 'fair trade' goods from over 35 including countries. Bangladesh, Chile, Mexico and Kenya. Fair trade goods have become increasingly popular in Ottawa, said Anna Luksic, an often think of coffee and ing believes having items ing countries, too."



Ottawa resident Megan Harding, left, her daughter, Roberta, seven months, and Ten Thousand Villages Fair Trade sale co-ordinator Monica Scheifele check out some ornaments at the sale. In difficult economic times, many city residents are looking for gifts that support delicate economies.

event spokeswoman. "People are not just interested in buying gifts, but where they came from."

Luksic enjoys giving "living gifts" that provide a family in need with necessities. "As my family gets older, we don't need as much stuff," she said. "Giving a living gift is more meaningful and serves a few purposes."

Those new to fair trade

chocolate, but goods run the gamut: nativity scenes, ornaments, journals, pottery, masks, soap, musical instruments, jewelry, toys, and even purses made from recycled pop cans.

Megan Harding likes knowing that people are getting compensated for their work. "It's important to support them any way we can," she said.

from around the world in a home teaches children about social issues and geography.

Although items often cost more, Scheifele said it's worth the extra money, even in hard times.

"The fact that it benefits someone else matters more than having to pay more," she said. "We have to remember that the A young mother, Hard- economy effects develop-

News in brief

DAMAGES A fire gutted one of six units at an Overbrook apartment yesterday. At 2:29 p.m., Ottawa firefighters were called to the upstairs end unit at 363 Blake Blvd. The fire was out within an hour. Although the tenants were home at the time, there were no injuries, paramedics said. Firefighters estimated the damage from the fire at \$25,000 to the structure and \$10,000 to the contents. Most of the damage was to the kitchen and living room areas. METRO OTTAWA

COLLISION A 23-year-old woman died of massive head injuries on the weekend after being struck by an SUV in Gatineau on Friday night. The woman was walking across Alexandre-Taché Boulevard, near the Université du Québec en Outaouais, and was in the middle of the road when she **GATINEAU POLICE**

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What's online today.

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metronews.ca

Friday, Nov. 21 **Lotto Super 7:** 1, 15, 27, 38, 40, 43 & 44 Bonus 3 Saturday, Nov. 22

Lotto 6/49: 9, 21, 28, 37, 44 & 49 Bonus 19 Sunday, Nov. 23

Ontario Pick 3: 8 3 0; Ontario Pick 4: 9 9 0 3 Encore: 7623883;

Daily Keno: 1, 2, 3, 11, 16, 18, 28, 30, 37, 39, 44, 49, 54, 56, 57, 59, 60, 68, 69, 70.

These results are not official.



Mystery 'Buddha boy' in Nepal vanishes again

A teenage Nepali boy many believe is an incarnation of Lord Buddha went missing Friday after blessing thousands of supporters, police said on Saturday. This is the third time Ram Bahadur Bamjon, 17, has disappeared since his first appearance three years ago. REUTERS

Canada/World

Breakthrough for B.C. cancer research team

KRISTEN THOMPSON

MEDICINE A team of scientists at the B.C. Cancer Agency in Vancouver have made a milestone discovery in the fight to end breast cancer, the agency announced yesterday.

The findings, which were published this week in the medical journal Nature Medicine, will allow scientists to better study breast stem cells, likely the cause of breast cancers.

"We've devised a way to detect and see those stem cells in breasts," said Peter Eirew, lead author of the study.

until now we haven't been able to set them apart from the other



B.C. Premier Gordon Campbell, centre, federal sports minister Gary Lunn, left, and Vancouver Organizing Committee CEO John Furlong hold the torch used in the Calgary 1988 Olympics in front of a map showing the 2010 Olympic Flame route.

Torch to touch most of Canada

OLYMPIC The torch relay for the 2010 Winter Olympics will cover 45,000 km and pass through 266 British Columbia communities as it crosses Canada.

The relay will be the longest domestic torch run in Olympic history and will also include 115 Aboriginal

communities across Canada, organizers said. The Olympic Flame, which will be lit in Greece, will begin its cross-Canada tour Oct. 30, 2009, and take the flame to within a one-hour drive of 90 per cent of the Canadian population.

METRO CANADA

Violence against Afghan kids rising: UN

Violations of children's rights are increasing in Afghanistan with more attacks against schools, more children killed and more evidence of child sexual abuse, the United Nations said yesterday.

The report was conducted using a combination of data from agencies working across Afghanistan and anecdotal reports or allegations of violations against children.

The report, produced by UNICEF for UN Secretary-General Ban Ki-moon, mentioned the case of a child, aged around 12, who was used as a suicide bomber by the Taliban on May 16, 2008.

UNICEF also said western military operations were killing more children, and pointed to an air strike in July in which 30 of the 47 civilians killed were children.

Business

Free-trade agreement signed

Canada and Colombia signed a free-trade agreement Friday, hoping to boost investment and trade flows at a time of global economic instability.

The deal, which must still be ratified by lawmakers in both countries, will eliminate tariffs on 98 per cent of Canadian exports to Colombia either immediately or within 10 years. In the next three to seven years, tariffs on most Colombian exports to Canada would also be cut.

Prime Minister Stephen Harper and Colombian President Alvaro Uribe said it sent an anti-protectionism message amid increased trade barriers amid economic furmoil, reuters

In **brief**

ECONOMY Saudi Arabia slashed interest rates to three per cent, and the United Arab Emirates intervened in a property merger and brought it under a state-owned bank yester-

BAILOUT Britain plans to inject up to 20 billion pounds in the form of tax cuts and extra public spending to stave off a recession. REUTERS



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Comment & Views

Comment

Savvy shopping tips

Some simple rules can make the holidays less daunting

life event so



hirty-one days until Christmas. Once again I find myself asking, "If the holidays are about home and family, why am I always alone in a mall?"

I could buy gifts online. But I always feel this should be dubbed, "Internet shopping. When you care enough to send the best. But not to actually go out and get it yourself."

To make your gift buying easier, here is The Hine-Sight Guide to Savvy Seasonal Shopping.

1. Before scouring the stores for that one perfect

unforgettable present, follow three steps. Pause. Think of all the unforgettable gifts you've given or

received previous years. If you can't remem- extreme sport. My ber more than brother, Bruce, two, just buy believes there is no everyone socks.

Forget onerous that it can't gift cards. My be turned into a daughter, says, competition." Jade, cards; they're like

cash. Only worse." I still have cards from places like Heidi's House of Hostas and Sausage World. And convenience-wise, you may still have to go from store to store to get them. Even cash has to be procured and shoved in an envelope. If we really wanted convenience, there's an obvious solution. Direct deposit from

your account to your loved

3. Convert to Buddhism. Really. Right now. Bud-

dhists are joyous, peaceful 'Make shopping an people so you know don't have to go into a single mall in December. religion doesn't require gifts this time of

year will do.

Saying, "I'm

sorry. I'm a disciple of the Goddess Habukku," should get you out of that Secret Santa draw no problem.

4. Make shopping an extreme sport. My brother, Bruce, believes there is no life event so onerous that it can't be turned into a competition. Bruce would start his Christmas shopping at 4 p.m. on Dec. 24. Îf the gift

he gave you came in a Shoppers Drug Mart bag, you knew he didn't make it to your present before the mall closed at six.

5. Never give someone a **Poinsettias** poinsettia. should be genetically engineered to die on Dec. 31. They're the Survivor contestants of the plant world. I can starve them, ignore them, stick them in the basement and they still hang on for months, proclaiming, "Isn't this fun? I'm all about Christmas." By April I'm tossing them into the compost bin and I feel like I've killed Santa Claus.

These few simple rules can make the holidays less daunting. And we need

Because it's only 395 days until next Christmas.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.



Letters

Joseph Tortorelli, OTTAWA

Re: Making use of that extra space (Nov. 20)

Do you not consider it somewhat irresponsible to notify Ottawa homeowners that they can make extra money by illegally renting out their driveways and backyards as

parking spots?
I realize the columnist was quick to point out that this practice is prohibited. Nevertheless, informing readers that this practice is illegal does not compensate for the fact that you are essentially promoting

Moreover, the article goes on to quote a city bylaw enforcement representative who, in effect, gave readers the go-ahead by declaring that the city is "not likely to get involved."

I would advise the City of Ottawa that if it decides to neglect actively enforcing its own bylaws, it should at least not advertise this fact.

Parking anywhere and everywhere is an unsightly and unsafe practice, especially when neighbours allow people to snake their cars into tight backyard spaces just to earn extra cash.

Further to your article, I'd like to notify your readers that downtown neighbourhoods are not daytime parking lots for suburbanites.

Sarah Sonne, VANIER

I am a 25-year-old Canadian woman and I am writing to commend the Conservative party for passing Resolution P 207 (protecting pregnant women) at its recent policy conven-

Passing legislation that recognizes the injury or death of an unborn child during an attack on a pregnant woman is something that will secure my vote for, and trust in, the Conservative party.

Thank you for listening to my voice, and the voice of many other young women.

METRO Ottawa

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Views

Healthy transit starts with scrutiny



I grew up in the U.K. Across the pond public transport isn't just poor, it's often mind-bogglingly, depressingly awful. Sure, the London Underground is a comparatively efficient way to travel. But head to the provincial cities — places of similar size and population to Ottawa - and the nightmares begin.

In Bristol, I'd pay the equivalent of \$5 for a 15minute ride home. There was only one bus after 10 p.m. and, on occasion, it ran 45 minutes late, usually when it was raining. In — was easy. I had my pic-Leeds, I once spent half an hour locked in a disabled bus as an on-board siren sounded: "This bus is under attack, please call the emergency services immediately!" It was just three weeks after 9/11. However, the anticipated attack never came.

In both cities, botched privatization led not to thriving competition between rival companies, but corporate monopolies and higher prices. Abroad, Canada has a reputation as a very functional country. When I arrived in Ottawa, I expected a more functional transit system.

First impressions did not disappoint. There was the luxury of a bus downtown directly from the airport. Even getting a bus pass — in Britain, a particularly bemusing process ture taken at city hall. I wrote down my ID number. I slotted both cards into a new plastic pouch and I was away.

Despite these positive experiences, I'm under no illusions many flaws in Ottawa's transit system must be explored. But since arriving here, I've learned attitudes to public transport are completely differ-

In the U.K., people complain about late buses, but don't really have a public forum to express frustrations. Here, because transit systems are publicly owned, people rightly feel they should have a say in how they are run. Transit issues are debated with intelligence, vigour and most significantly - in the public sphere. CBC's Ottawa Morning features

regular segments on transit; Metro runs a weekly column. Policy decisions come under intense scrutiny.

Coun. Clive Doucet's campaign to run light rail down Carling Avenue is a great example. Though defeated, the plan created excitement and energized debate. And with Ottawa's master transportation plan set to cost taxpayers \$7.2 billion, transport needs more scrutiny than ever before.

Canadians should be proud that in their cities. transit issues stir up healthy debate. Then again, getting decisionmakers to listen is an entirely different matter.

John Holmes is a writer for various publications in Canada and the U.K. He's never had a driver's licence, and has relied on public transit for all of his adult life.

metro

Think of a bath as a luxury. Instead, take a five-minute shower. If you have a low-flow showerhead, that will use less than half the water, saving around 40 litres each time.

Looking for a new car? A hybrid car produces two tonnes of CO2 over 20,000 kilometres driven, a gasoline sedan produces four tonnes of CO2, and an SUV produces six tonnes of CO2, according to Greeniology: How To Live Well, Be Green And Make A Difference by Tanya Ha.

Hybrids produce less CO2

METRO NEWS SERVICES

EDITOR: MIKE DEREZYCKY, MIKE.DEREZYCKY@METRONEWS.CA

A behemoth that won't stop growing

The economy is a monster that threatens nature's services that keep the planet habitable

ScienceMatters



ave you noticed that we describe the market and economy as if they were living entities? The market is showing signs of stress. The economy is healthy. The economy is on life support.

Sometimes, we act as if the economy is larger than life. In the past, people trembled in fear of dragons,

demons, gods and monsters, sacrificing anything — virgins, money, newborn babies — to appease them. We know now that those fears were superstitious imaginings, but we have replaced them with a new behemoth: The economy.

Even stranger, economists believe this behemoth can grow forever. Indeed, the measure of how well a government or corporation is doing is its record of economic growth. But our home — the biosphere, or zone of air, water, and land where all life exists - is finite and fixed. It can't grow. And nothing within such a world can grow indefinitely. In focusing on constant growth, we fail to ask the important questions. What is an economy for? Am I happier with all this stuff? How much is enough?

A timely new book by York University environmental economist Peter Victor, Managing Without Growth: Slower by Design, Not Disaster, addresses the absurdity of an economic system based on endless growth. Victor also shows that the concept of growth as an indispensable feature of economics is a recent phenomenon.

The economy is not a force of nature, some kind of immutable, infallible entity. We created it, and when cracks appear, it makes no sense to simply shovel on more money to keep it going. Because it's a human invention, an economy is something we should be able to fix — but if we can't, we should toss it out and replace it with something better.

This current economic crisis provides an opportunity to re-examine our priorities. For decades, scientists and environmentalists have been alarmed at global environmental degradation.

For the first time in four billion years of life on Earth, one species has become so powerful and plentiful that it is altering the physical, chemical, and biological features of the planet on a geological scale. And so we have to ask, "What is the collective impact of everyone in the world?" We've never had to do that before, and it's difficult. Even when

we do contemplate our global effects, we have no mechanism to respond as one species to the crises.

So all the things an intact ecosystem does to keep the planet vibrant and healthy for animals like us are simply ignored in our economy. No wonder futurist Hazel Henderson describes conventional economics as "a form of brain damage."

Nature's services keep the planet habitable for animals like us and must become an integral component of a new economic structure. We must get off this suicidal focus on endless, mindless growth.

Take David Suzuki's Nature Challenge and learn more www.david suzuki.org.

Dr. David T. Suzuki is a Vancouver-based d-winning scientist, environmentalist and broadcaster.



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Canada's Christine Nesbitt and Kristina Groves kept up their winning ways on the World Cup speedskating circuit yesterday, collecting a silver and bronze respectively in the women's 1,500-metre.

Sports



O'Neal's knee a cause for concern

Jermaine O'Neal left the Raptors' 118-103 loss to the Celtics yesterday. The centre had started despite having strained his surgically repaired left knee against New Jersey on Friday. Against the Nets, O'Neal hurt his knee when he was pulled down in the fourth quarter by Sean Williams.
There was no structural damage, but O'Neal did not practice Saturday. "It just didn't have any stability, it was becoming a little too painful," said O'Neal yesterday. "The big picture for us s in the long term and we've got two days before the next game."

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Calgary puts its Stamp on it

96TH GREY CUP

Stamps 22 **Alouettes** 14







You've been there before, surely. You wanted a job or a position badly — desperately — but you were not-so-nicely snubbed. And so, you dearly wanted to make the folks who rejected you regret their decision.

Well, Chris Jones was able to turn such a desire into reality in a tangible way last night. A defensive coach with Montreal the past seven years, Jones was unceremoniously discarded by the Alouettes before this season after he had applied to the club for the then-vacant position of head coach.

Last night, Jones got sweet revenge — in the form of a Grey Cup championship. Jones is the defensive co-ordinator of the Calgary Stampeders, and it was primarily his unit that was responsible for a 22-14 triumph over those Alouettes in the 96th edition of the CFL's showcase

The game wasn't especially entertaining - unless you're turned on by field goals and a dearth of touchdowns — but the Stamps could care less. For them, this fifth championship in their history was bone-chilling.

Calgary quarterback Henry Burris passed for 328 yards and rushed for 79 and was chosen the game's MVP. Calgary kicker Sandro DeAngelis was the game's top Canadian



Stampeders' kicker Sandro DeAngelis celebrates one of his five field goals in last night's Grey Cup victory in Montreal.

after connecting on five of five field-goal attempts, including a 50-yarder late in the game to cement the victory. But it was the Calgary defence that particularly prevailed last night.

Using a brilliant game plan that stymied Montreal quarterback Anthony Calvillo, the CFL's premier player this season, the Stamps knocked down a staggering four passes, intercepted two and limited the Als to only one touchdown — and a measly single point in the second half.

"Chris Jones and his staff did an excellent job teaching a lot of young players to play defence," Calgary's rookie head coach, John Hufnagel, told TSN after the game.

"They grew and matured

as the season progressed.' Calvillo, who has only one Grey Cup ring despite six appearances in the final in a nine-year span, clearly was flustered by Jones' strategy.

'We made big second-half adjustments," Stamps defensive lineman Mike Labinjo told TSN. "And we rattled Calvillo."

The Stamps trailed 13-10 at halftime, but Labinjo insisted they weren't bothered by the partisanship at Montreal's Olympic Stadium, which was occupied by 66,308 spectators — the second-largest crowd in Cup history.

"We faced plenty of adversity all year," Burris said, "and we knew we could come into Montreal and get through this kind of adversity, too."

Burris was able to abort suggestions from skeptics who felt he couldn't win a



marty.york@metronews.ca

championship game.

"If you keep knocking on the door," Hufnagel said, "the door will open for you and it opened wide for Henry tonight.'

The Stamps in general felt they were treated poorly when they were shut out at the 2008 CFL awards ceremonies last week. Calvillo got the nod over Burris as the CFL's outstanding player while DeAngelis lost out to the Toronto Argonauts' Dominique Dorsey as the league's best special-teams performer.

"They can take awards from us," Calgary receiver Nik Lewis said, "but they can't take the Grey Cup from us now."

critics'corner—

After reuniting Sylar and Elle, Arthur orders them to find Claire and bring her to him. Matt, Hiro and Ando then team up and follow Daphne to her hometown of Athens, Ga., to discover what she's been hiding. Meanwhile, Nathan and Peter head to Haiti. 9 PM on 9 NBC 3 GTV



wo and a Half Men Jake disappears with the daughter of Charlie's neighbor, forcing Charlie to cover his back in an effort to preserve the peace. Meanwhile. Alan scores a hot date, thanks in part to Charlie's viercedes. Academy Award nominee Michael Clarke Duncan guest stars. 9 PM on 13 CBS, 6 SHRO

Mv Own Worst Enemy

Edward risks national security to find the identity of his parents' killer. Then Angie prepares for bad news when her father, Archie, visits for the holidays. Meanwhile, Tom and his wife, Mary, rekindle their strained relationship over a bourbon-fueled cooking session, 10 PM on 9 NBC 3 GTV

SCOREBOARD

WEEK 12

YESTERDAY'S RESULTS Baltimore 36 Philadelphia 7 Buffalo 54 Kansas City 31 Chicago 27 St. Louis 3 Dallas 35 San Francisco 22 Houston 16 Cleveland 6 Minnesota 30 Jacksonville 12 New England 48 Miami 28 Tampa Bay 38 Detroit 20 Oakland 31 Denver 10 Atlanta 45 Carolina 28

N.Y. Giants 37 Arizona 19 Indianapolis at San Diego THURSDAY'S RESULT Pittsburgh 27 Cincinnati 10 TONIGHT'S GAME

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University of Windsor opens Centre for English Language Development

Last week, the University of Windsor unveiled its new Centre for English Language and Development. The facility is located in a former Royal Canadian Legion building, which was sold to the university due to declining membership. METRO NEWS SERVICES

Workology

Soccer in Manitoba

Earlier this month, the University of Manitoba opened a new multi-field soccer complex. The larger playing field in the facility can be subdivided into smaller fields to accommodate dif-

METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

Tree rings are great storytellers



recent workday, Colin Laroque went down to the old mines near the Joggins Fossil Cliffs on the Bay of Fundy in Nova Scotia to check out some pieces of wood with a historian visiting from England.

He took some dowelingshaped samples of the wood, using a hand auger, put them under a microscope and counted the rings down to a thousandth of a millimetre.

Trees have many ways of telling us about the past," he says. As a dendrochronologist — a job title that simply breaks down to the words "tree" and "time" — Laroque, 43, knows how to tap into this information.

He'll take the pattern of those tree rings and compare it to other samples he and his students at Mount University Allison Sackville, N.B., have taken in the area. When he synchs up the patterns, he'll know the year the tree was cut down to make the wood for the mine or dock. And that in turn will tell him whether it was made by the Acadians before 1739, or the British who came later

and took over the mines.

Such detective work is common for Laroque, who is an associate professor and director of the Mount Allison Dendrochronology Laboratory. He and his team of undergraduate and graduate students also help people date the wood in their homes to see if it was built by the Acadians — making it a lot more valuable.

Dendrochronologists do research too - some of it very creative. One of Laroque's students analyzing the heavy metals have gotten into trees from the Sydney Tar Ponds over the years, while another is calculating how global warming will affect trees in the

Laroque grew up north of

Ottawa

Saskatoon; a kid who loved the outdoors. He was studying physical geography at University Saskatchewan when a professor took him and a class out to look at a glacier. Laroque was not only fascinated by how important water was to his prairie homeland, but by the fact that the trees were the best way to track how the glacier had changed over the years.

He has a master's and PhD at the University of Victoria and then ended up at Mount Allison.

There are only about 20 dendrochronologists Canada, and most of them work in the old virgin forests of British Columbia or Ontario, where there are trees as old as 900 years.

The **Lowdown**

Job title:

Dendrochronologist **Salary:** \$45,000 to \$100,000 **Education/training:** Graduate degree in geography under a dendrochronologist Best Part of the Job: "I enjoy being outside. I'm out hunting down trees and camping and I get to see a lot of the country."

Worst Part of the Job: "Being in remote Labrador and wearing two bug jackets and trying to keep the bugs out while you're eating a sandwich."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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10 workology

How-to courses on blogging are popping up in continuing education programs across Canada. Simon Fraser University will offer a weekend course about blogging. The University of Toronto, Nova Scotia Community College, Centennial College and the University of British Columbia also offer blogging courses. METRO NEWS SERVICES

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Literacy builds word at a time

EDUCATION Canada enjoys one of the highest literacy rates in the world, and yet, according to Human Resources and Social Development Canada, at least 40 per cent of Canadian adults do not meet the minimum level required to succeed in the knowledge-based econo-

Literacy — the ability to read and write, and also to understand and use language - takes root in early childhood. Studies have shown that children who are read to by their parents develop stronger language and listening skills, vocabulary and creativity. In addition, toddlers aged two to three who are read to several times a day do significantly better in kindergarten than those who are only read to a few times a week or less, according to ABC Canada Literacy Founda-

"Literacy is about brain development, education,



One way to build literacy is to make reading a fun activity.

and creativity, but it is also about fun," says Brad Martin, president of the Canadi-Publishers' Council (CPC). "Whether being read to by a caregiver, for a school assignment or for leisure, there is a lot of power in each and every book, not to mention important childhood memories of curling up with a parent or grandparent to read a favourite story."

Encouraging literacy at a young age isn't just the responsibility of children and their family — community support is also important. Libraries, book stores and schools all play important roles in fostering the love of reading. Canadian publishers are also doing their part by supporting numerous literacy initiatives.

Schools offering courses on blogging

In the past five years, members of CPC have donated millions of books and more than \$1.2 million in funding to special literacy initiatives. **NEWS CANADA**

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Ritchie's Rocco gets cameo

Guy Ritchie is reportedly giving his eight-year-old son Rocco a cameo appearance in his next film, Sherlock Holmes. IMDB.COM



Entertainment

EDITOR: TINA COSTANZA, TINA.COSTANZA METRONEWS.CA



Singer Taylor Swift greets fans lined along the red carpet outside the American Music Awards in Los Angeles yesterday.

And the big winners are. . .

Alicia Keys won favourite

Favourite rap/hip-hop al-

Chris Brown won artist of

Aguilera had a baby...Mari-

Musical couple Rihanna

and Chris Brown captured

the first two trophies Sun-

day at the American Music

pop/rock album for As I Am

bum went to Kanye West

ah Carey married one."

Awards.

Rihan-

na won

favourite

soul/R&B

female

artist

Brown

and

Stars come out to shine

The American Music Awards usually centres on its performances, though a pair of lacklustre medleys opened the program at the Nokia Theatre.

not-so-thrilling The Christina Aguilera channelled Madonna and the New Kids on the Block channelled an earlier version of themselves during the evening's first two performances, in which both acts sang their latest singles and greatest hits.

But Pink brought a healthy dose of energy to the stage during her performance of Sober, which was awkwardly introduced by slurring rocker Scott Weiland.

Late-night comedian Jimmy Kimmel returned for a fifth time as host of the three-hour show, broadcast live on ABC, poking fun at the celebrity-

year in mu-

he

sic.

cracked:

"Christina

favourite won male pop/rock artist. The two were crowd filled seated together but opening mono dıdn't mention one another out capping the

"Christina Aguilera had a baby ... Mariah Carey married one."

AMA host Jimmy Kimmel, recapping the year

sing, she was to celebrate her "Sweet 16" on the show. Coldplay and Leona Lewis were to make their American Music Award debuts, and Alicia Keys and Sarah McLachlan performed.

the year, two other awards

favourite country artist

Brad Paisley won for

Taylor Swift won for

their thank-you speech-

Mariah Carey was

among the evening's

other slated performers,

along with

favourite female country act

Annie Lennox was to receive the Award of Merit, an honour previously bestowed on Michael Jackson, Whit-

Christina Aquilera and T-Pain greeted fans on the red

ney Houston, Frank Sinatra and James Brown, among oth-

> There were other awards, too, chosen by online voters in 21 categories. METRO

NEWS **SERVICES**

Kanye West and the Jonas Brothers. Miley Cyrus wasn't just slated to

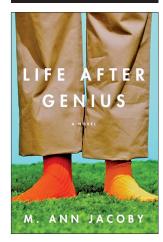
Beyonce.

ABC drops series

ABC has opted not to order additional episodes of Pushing Daisies, Eli Stone and Dirty Sexy Money for this season. The network isn't commenting. EW.COM

entertainment 13

BookPicks



Life After **Genius**

Author: M. Ann Jacoby **Publisher:** Grand Central Publishing

Price: \$27.99 (Hardcover)

Up there with Magnolia quiz kid Donnie Smith and Into The Wild's Chris "Alexander Supertramp" McCandless, you'll find Thomas Mead Fegley. In Life After Genius, he's the latest intellect-gone-awry whose youthful academic feats take an unpredictable turn when he's just 18. Already on the cusp of graduating university and proving an over century-old hypothesis, Fegley suddenly leaves school to return to his Illinois home. His decision to sell furniture and work as an embalmer confuses his parents, past acquaintances and everyone who knows the once-upona-time prodigy. But by escaping what he's always known, Fegley begins to learn who he really is.

> **BRIAN COULTON/** FOR METRO CANADA

In **brief**

WEEKEND BOX OFFICE

Following are the top 10 films:

- 1. Twilight, \$70.6 million 2. Quantum of Solace, \$27.4
- million
- 3. Bolt, \$27 million
- 4. Madagascar: Escape 2 Africa, \$16 million
- 5. Role Models, \$7.2 million
- 6. Changeling, \$2.6 million 7. High School Musical 3:
- Senior Year, \$ 2.0 million
- 8. Zack and Miri Make a
- Porno, \$1.7 million 8. The Boy in the Striped
- Pajamas, \$1.7 million 10. The Secret Life of Bees,

\$1.3 million REUTERS

Global**Style** Kenva Hunt



See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

Australia feeds culture

JIM REYNO Metro Canada



even a classic. Actor Paul Hogan, starring as the title character in Crocodile Dundee, is confronted by a mugger. Dundee's companion tells him to hand over his wallet — the kid's got a knife.

"That's not a knife," Dundee chuckles, and pulls out a bigger Bowie knife. "That's a knife."

The mugger flees and the world laughed along, loving Hogan as the Australian crocodile hunter out of his element in New York City. The year was Crocodile and 1986. Dundee was a critical and box-office smash, bringing Australia right along with it. The Outback was in, with a flurry of G'days, a few Fosters — and keep that dingo away from the

With the release of director Baz Luhrmann's much-anticipated film Australia, interest in the country is sure to swell again.

But there's already an Aussie presence active in our culture. Luhrmann has already made his mark with the films Moulin Rouge, Romeo + Juliet and Strictly Ballroom. His male lead on Australia is a felcountryman Hugh Jackman, best known as Wolverine in the X-Men se-



Nicole Kidman and Hugh Jackman star in the movie Australia.

Jackman isn't the only popular leading man to come from the land Down Under. Russell Crowe, who was born in New Zealand and moved to Australia as a child, won a best-actor Oscar for his performance in 2000's Gladiator.

Mel Gibson and Geoffrey Rush are other Australian Oscar winners. And there's Oscar buzz around another Aussie this year — Heath Ledger, who died in January, for his portrayal of the Joker in The Dark Knight.

Australian women are also prevalent on the big screen: Cate Blanchett and Naomi Watts are two of the best known; Winnipegborn Anna Paquin grew up in New Zealand.

The female lead in Luhrmann's film, U.S.- born, but Australia-raised Nicole Kidman, has had an impressive career, including an Oscar win for her performance in The Hours in 2003.

Plus, she makes up one half of what is probably the best-known Australian celebrity couple. Crowe, country rocker Keith Urban is a transplanted New Zealander. The twotime Grammy winner married Kidman in June 2006.

Urban-Kidman may be Australia's most famous male-female couple, but there's no doubt about the top sibling couple. Guitarists Malcolm and Angus Young are the hard rock foundation of AC/DC. The legendary band's most recent CD, Black Ice, debuted at No. 1 in 29 coun-

Even TV feels financial ch

IntelleVision



NO ONE LOVES YOU WHEN YOU'RE DOWN AND OUT: For as long as I've been writing this column, CTV's upfront presentation has been the big event of the local TV calendar, an expensive event where the network takes over a marquee Toronto venue to bang the drum for their newly acquired roster of shows and the continuing success of old ones.

Under CTV boss Ivan Fecan, the network's business strategy has been easy to summarize: invest in local product prudently with halfhearted hopes that you'll get a homegrown hit, while throwing lots of money at U.S. producers to get simulcast rights for the primetime hours. It worked well enough for main competitor Global to be obligated to do much the same thing, but like everything else that's going on in this chilly season of change, it's looking like an artifact from another time.

A front page article in the National Post's financial section this past weekend eulogized the Fecan era while the man still occupies his office, after the network's parent company, CTVglobemedia, nounced a major round of cutbacks to staff and budgets last week. Fecan's "spend money to make money" philosophy "is now facing grave uncertainty," according to the Post, and Fecan delivered an address to employees nationwide on Wednesday "warning of impending layoffs and a freeze on travel and entertainment spending at CTV."

Precise details of what's going on at CTV or its parent company aren't easy to divine, thanks to its status as a private company that doesn't have to publish financial information. So we'll have to watch how precisely it intends to

weather the current economic downturn across a variety of media, but the fate of CTV will be watched closest of all.

What went wrong is easy to figure out when you read news like ABC's cancellation of three of its primetime shows, all of them once part of CTV's buying sprees down south. The Canadian network's website no longer puts Pushing Daisies, Eli Stone or Dirty Sexy Money front and centre — they aren't even on the list of shows linked off CTV's website front page but they were all trophies brought home by Fecan and Susanne Boyd, his head of creative content, and showcased at recent upfronts. In this light, CTV has never been the author of its own success, though it's unlikely that it will escape the humbling fate due to media companies, now being accelerated by poor shows and a poorer econo-

Rick McGinnis writes about music, movies, books and television

And here's another.



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Beyonce/Jay-Z

high earners

and Jay-Z have been

est-earning couple,

PEOPLE Beyonce Knowles

named Hollywood's high-

femalefirst.co.uk reports.

The married pair topped

Hip-hop star Jay-Z pock-

14 entertainment



Celebrity Buzz

Barker files lawsuit

LEGAL Travis Barker has filed a lawsuit blaming the pilots and defective equipment for a plane crash that severely iniured the rocker and DI AM and killed four other people, People.com reports.

The L.A. Superior Court lawsuit, also filed Friday by the mother of Barker's bodyguard, Charles (Che) Still, who died in the crash, alleges the pilots "negligently decided to abort" the takeoff when the Learjet's tires failed in September at an airport in Columbia, S.C.

"The pilots were either poorly trained and/or failed to follow their training," the suit says. "The pilots' decision was a breach of their duty owed to the passengers onboard and was a substantial factor in causing the crash and resultant injuries and deaths." Pilot Sarah Lem-

mon, 31, and co-pilot James Bland, 52, were killed in the

METRO NEWS

Reese not ready for another marriage

RELATIONSHIPS Reese Witherspoon thinks it is too soon to think about marrying boyfriend Jake Gyllenhaal, femalefirst.co.uk reports.

The 32-year-old actress, who has two children with ex-husband Ryan Phillippe, admits divorce has changed her opinions about the institution of marriage.

"Family is all we have in life, but I don't know how I feel about marriage, she said. "Obviously, I'm not far enough out of being married to think about doing it again. You sort of reconstitute your family. You find a family with people who come into your life for a reason."

Witherspoon, who has never revealed the reasons for her divorce, also re-



their relationbreak-

METRO NEWS SERVICES Maguire's wife is pregnant

FAMILY Another gem is on the way for Tobey Maguire and his wife, Jennifer Meyer, People.com reports.

The couple — already parents to Ruby, 2 — are expecting a second child in the spring, the actor's rep Kelly Bush confirms to People.

"I love being a dad!" the three-time Spider-Man star, 33, told People when Ruby was just six months

old. He and Meyer, 31, met in 2003 and married in September 2007. **METRO NEWS SERVICES**

Jessica loves new aunt role

FAMILY Jessica Simpson is ecstatic about her latest role — aunt to newborn Bronx Mowgli Wentz, People.com reports.

"Bronx is beyond precious. I'm over the moon with joy," the singer said Friday. "Life is a beautiful miracle. Ashlee and Pete are healthy, happy and enjoying every moment.'

Singer Ashlee Simpson-Wentz and husband Pete Wentz welcomed their first child on

Thursday night in Los Angeles. METRO

SERVICES

Sweetin files for separation

SPLIT Former Full House star and new mom Jodie Sweetin is splitting with her husband, People.com

Sweetin, 26, filed papers Wednesday in Orange County, Calif., for legal separation from Cody Herpin, 31, who helped turn around her life after years of methamphetamine addiction.

> METRO NEWS SERVICES

Penn helps ex Madonna

doing her best to get through her split from husband Guy Ritchie, with a little help from ex-husband Sean Penn, People.com reports a source close to the singer as saying.

"It's a sad situation, but she's not heartbroken," says the source, who saw the 50-year-old icon hours before a London court granted the couple a preliminary 'quickie vorce" on Friday. "She's handling it well." Madonna is fo-

cusing on her work and her children to keep her mind off the end of her neareight-year marriage to Ritchie, says the "She's source. got a very busy life."

Also helping her through

RELATIONSHIPS Madonna is the tough time is her exhusband. The singer and Penn were spotted having drinks at the Greenwich Hotel in Manhattan on Wednesday night.

"They have a nice rapsays the source.

the list compiled by Forbes There's nothing romantic there. magazine after collectively making \$162 million US They're just good between June 1, 2007 and friends." June 1, 2008. eted \$82 million from a 10-year deal with Live Na-SERVICES tion, while Beyonce raked

> deals. Actors Will Smith and Jada Pinkett-Smith finished second place in \$85 million.

in \$80 million from film,

fashion and publishing

SERVICES



Williams asks to grieve in peace

PEOPLE Actress Michelle Williams has slammed the paparazzi for refusing to let her grieve in peace following the death of her exboyfriend Heath Ledger in January, imdb.com reports

In her first indepth interview since the tragedy, the actress tells the upcoming issue of Newsweek magazine she'll never forgive the disrespectful snappers who have made her life a misery in the past year — and she won't for-

get them. Williams tells the publication she was particularly disturbed with the efforts some photographers & went to just to get a photo of her young daughter Matil-

"It burns a fire inside of me, the s--that I've seen people do to get at me or mv daughter," she says. "I won't forget it, and I won't support it. I don't want my daughter growing up feeling spied on or threatened."

And it was one encounter with an over-zealous female paparazzo, which tipped Williams over the edge.

"I said, 'You're better than this. Look at you! You're young, you're ablebodied, you have a brightness in your eyes. You're above this.' But you

know what? She didn't away," Williams go adds.

The intrusion has prompted Williams to seriously about leaving her home in New York and walking away from her acting ca-"If it gets to the

point where I can't situate my life in a way that they stay away more, then I'll drop a match on the thing," she **METRO NEWS** says. SERVICES

Ivanka signs on for book deal

CAREER Donald Trump's daughter Ivanka Trump is on the fast-track to building her own business empire, after signing a deal to publish a new book, imdb.com reports.

The 26-year-old former model, who holds an executive office at the Trump Organization, has signed on with publishers at Simon & Schuster to write a motivational book, reports the New York Post.

"My father always impressed upon me the idea that America is a meritocracy and that you must

work for everything you get," she says. She adds she hopes to share a "positive perspective with the women of generation. **METRO NEWS** SERVICES









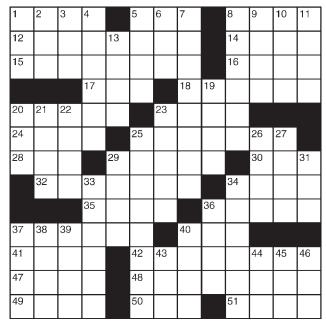




entertainment **15**

For more delicious Metro recipes, visit: metronews.ca/food

Take Five



Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

3		4			2		5
	1		4	5		7	
7			9	2			1
		9	5	1	7		
		8	2	6	1		
9			7	8			6
	5		3	9		8	
2		7			3		9

Crossword across

- 1 Nessie's home, for one 5 Banned insecticide
- 8 Post-bout apparel
- 12 Examination
- 14 Watched
- 15 Reverie
- 16 Repair
- 17 Speck
- 18 Open square, in Italy 20 With fervor
- 23 Poolroom prop
- 24 Reed instrument
- 25 Ray of light 28 Glutton

- 29 Play the banjo
- 30 Craze

- 32 Wrestling format
- 34 Dwindle
- 35 Get better
- 36 Shakespeare's Kate
- 37 Jewish village 40 Pair
- 41 Harbour city
- 42 Ben & Jerry's product
- 47 Settled down
- 48 Choker, e.g.
- 49 Interoffice note 50 Earth (Prefix)
- 51 Mulligan —

1 Hallucinogen letters 2 Goose, in Guadalajara 3 Weep

Crossword down

- 4 Football conference?
- 5 Regimen
- 6 "CSI" find
- 7 Middle ear membrane
- 8 Updated movie
- 9 Courtroom call
- 10 Mercedes-11 Icelandic epic
- 13 Helen's home
- 19 Cold War missile 20 Short flight
- 21 Newspaper notice
- 22 Forum garb 23 Not urban

- 25 Thief's task
- 26 Somewhere out there
- 27 Lion's pride?
- 29 Undo a dele
- 31 Morning moisture
- 33 Certain city area 34 Fingerprint spirals
- 36 Use a straw
- 37 Junk e-mail
- 38 Golf goal
- 39 Slender
- 40 Erte's style of art
- 43 Bee follower 44 Chow down
- 45 Expert
- 46 Kitten's call

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

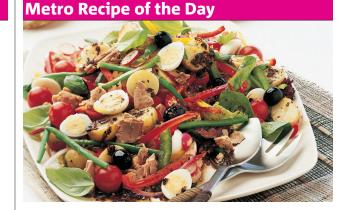
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С	Α	S	Н	С	R	0	Р		Υ	0	R	К	9	6	2	4	1	5	3	8	7
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Find today's answers + play more games at metronews.ca

SUDOKU	SOLVE	TIME:

Under 13 min	Genius
13-17 min	Scholar

17-21 min	Smart
21-25 min	Not bad
25+ minK	eep practising



Tuna and Bell Pepper Salad

INGREDIENTS:

- 12 oz (200 mL) new potatoes 2 oz (240 mL) thin green beans 4 small eggs
- 8 oz (130 mL) mixed salad
- leaves 1 tbsp (15 mL) chopped parsley 1 tbsp (15 mL) snipped fresh
- chives 1 small red onion, thinly sliced 1 tbsp (15 mL) tapenade (black
- olive paste) 2 garlic cloves, chopped
- 2 tbsp (25 mL) extra-virgin olive oil
- 1 tbsp (15 mL) red-wine vine-
- 1 tsp (5 mL) balsamic vinegar 10 to 15 radishes, thinly sliced 1 can water-packed tuna, drained
- 3 oz (40 mL) cherry tomatoes 1 red bell pepper, seeded and thinly sliced
- 1 yellow bell pepper, seeded
- and thinly sliced 1 green bell pepper, seeded
- and thinly sliced 8 black olives Salt and fresh-ground black
- pepper Fresh basil leaves

METHOD:

1. Place potatoes in a saucepan and cover with boiling water. Boil over medium heat 10 minutes. Add beans and continue

boiling until potatoes are tender and beans are just cooked, about 5 minutes longer. Drain well; set aside to cool.

- 2. Bring a medium saucepan of water to a boil over high heat. Reduce heat to medium, add eggs, and from the time the water starts to simmer cook 10 minutes. Rinse eggs in cold water, peel and place in cold wa-
- 3. Toss salad leaves with parsley, chives and red onion in a large, shallow bowl.

4. For dressing, beat tapenade

with garlic, olive oil, red-wine vinegar and balsamic vinegar in a small bowl, and season with salt and pepper to taste. Pour two-thirds dressing over salad leaves and toss together. 5. Halve potatoes and arrange on top of leaves with green beans, radishes, tuna chunks, tomatoes, bell peppers and olives. Halve eggs and add to salad. Pour remaining dressing over and sprinkle with basil

leaves. **SERVES 4**

rd.ca

For nutritional infor mation on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on



AVATAR VENUS

Horoscopes

ARIES

MARCH 21-APRIL 20 Make the first move in a new friendship. A man offers to buy your assets. Don't loosen up in

the presence of a known critic.

guy makes you grit your teeth.

Boundary issues will be upset-

LIBRA

ting.

SEPT 23-OCT 23 A powerful experience will change your attitude. A selfish

APRIL 21-MAY 21

Hide your true feelings for a former love. Believe only half of what you hear. Shoulder pain reveals a strain.

Take care around hot things.

TAURUS

SCORPIO

OCT 24-NOV 22

Having an observant approach will save you time. A childish person wants emotional support.

GEMINI MAY 22-JUNE 21

There's no need to teach anyone a lesson. Management will make a special deal. A tiresome person really doesn't care about you.

SAGITTARIUS

NOV 23-DEC 21 Trv to understand somebody's ridiculous viewpoint. You'll get insight into a stressful situation. A perfectionist is changed by falling in love.

CANCER JUNE 22-JULY 22

Make up your mind to get going with your life. Say important things with candor. A scrumptious treat will bring friends together.

CAPRICORN

(%) **DEC 22-JAN 20** Pay attention to a demanding spoilsport. There's a rough assignment ahead. Benefits are in store when a friend helps out.

LEO JULY 23-AUG 23

Happiness is the result of being understood. You were born to be wild. Open your heart to an Aquarian.

AQUARIUS IAN 21-FFR 18

You're getting restless again. A ludicrous promise is just a bit alarming. You'll be standoffish with disgusting people.

VIRGO AUG 24-SEPT 22

A stubborn person slows down your progress. A stranger improves your mood. You'll solve the mystery of love.

PISCES

FEB 19-MARCH 20

A patient person has a balanced approach. See a doctor if a minor illness won't go away. A narrow-minded person hurts another's feelings.



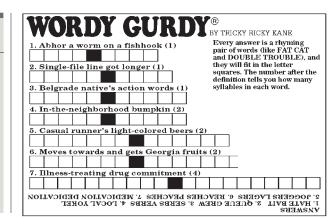
This day in history

NOV. 24, 1859: Charles Darwin publishes On the Origin of Species. NOV. 24, 1963: Lee Harvey Oswald is assassinated by Jack Ruby in the basement of Dallas police department headquarters on live television.

NOV. 24, 1966: New York City experiences the smoggiest day in the city's history.

NOV. 24, 2005: Conservative Leader Stephen Harper, the leader of the official Opposition in the Canadian Parliament, introduces a motion of no confidence, which NDP Leader Jack Layton seconds. The motion is passed on Nov. 28 leading to the dissolution of the 38th Canadian Parliament.

METRO NEWS SERVICES





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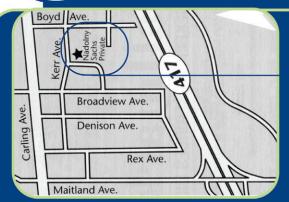
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